

Flower Island Type of Massages

- ❖ **BACK MASSAGE** (45mins @ Php 800.00)
 - For relief of tension and pain from neck to waist

- ❖ **RELAXATION SWEDISH MASSAGE** (60mins. @ 1,200.00)
 - Light, relaxing and soothing massage using pure Virgin Coconut Oil to relax all senses and mind in a gentle association of light long stroke movements.
 - Recommended for fatigue, stress relief, jet lag, rejuvenation, anti-tension and anxiety.

- ❖ **SHIATSU ACUPRESSURE WITH STRETCHING** (1hr 30mins @ 1,300.00)
 - A dynamic massage stimulating all joints, articulations and main body chakra with essential oil.
 - With stronger pressure and sustained stimulation of body's major energy points
 - Recommended for stimulating energy level and pain relief

- ❖ **THAI STYLE COMBINATION** (1hr 30mins @ 1,400.00)
 - Combines Swedish, stretching, acupressure with some parts. Lighter and at times more sustained strokes.
 - A dynamic stimulating experience with variable tempos, speed and pressure.

- ❖ **HOT STONE HEALING** (1hr 30mins @ 1,500.00)
 - Extremely relaxing in body and mind. A soothing experience where warm volcanic stones are applied to the body after initial oil whole body relaxation.